First Aid, AED and CPR Certification Resources

Beginning with the 2017-18 school year, all paid coaches shall be certified and will maintain certification in First Aid, Cardiopulmonary Resuscitation (CPR) certification and AED operation. Beginning with the 2016-17 school year, this requirement must be met before coaches start their second year of coaching. Schools are allowed to use any available service to meet this requirement. Below are some examples of available resources for certifications throughout the state.

<u>American Red Cross</u> - Is identified as the preferred provider for First Aid, CPR certification and AED operation. The American Red Cross will assist coaches and school staff with providing First Aid training otions. The Authorized Provider Package offers certification training for a nominal charge. The Instructor Training for Au-

thorized Providers Package offers training and certification to become an instructor for the Authorized Provider option. The Full Service Package offers certification training at your location for eight or more people by a American Red Cross full service trainer. The American Red Cross also has



AED packages available for schools and teams. Contact your local agency or the Red Cross support center at 1-800-733-2767

<u>National Federation of High School Association (NFHS)</u> - First Aid online course available at a cost of \$35 for each individual. This online First Aid course does not include AED or CPR certification. It is only First Aid certification. Go to NFHSlearn.com for complete information.

YMCA - Contact local YMCA. Some throughout the state offer certifications.

American Heart Association - Contact your local agency.

<u>Bellin Health</u> - Bellin athletic trainers are American Heart certified instructors in CPR & AED. Megan Baierl megan.baierl@bellin.org

Human Kinetics Coach Education (HKCE) (formerly ASEP) - First Aid Course - First Aid course available online at ASEP.com. Currently offering free Sport First Aid instructor training for athletic administrators. These individuals are required to participate in a New Instructor Training webinar. After the webinar is completed they mail each new instructor complimentary instructor resources for the course(s) they plan to teach. If the new instructor has not previously completed Sport First Aid they are also provided with a free online course(s) to complete their training. New Instructor Training Webinars are scheduled each month upon request HKCE will schedule webinars specifically for school districts. Contact: Jerry Reeder at 217-351-5076 ext. 2325 or to their website at www.asep.com or www.humankinetics.com

Advanced Professional Healthcare Education - Offers American Heart Association courses throughout the state of Wisconsin. Pre-scheduled courses that individuals or small groups can register for. Also will schedule on-site classes for groups at any location in the state. The course offered for coaches is called HeartSaver First Aid and AED training. The course covers, adult, child and infant CPR with AED use and practice. The first aid is a wide variety of medical emergencies and the immediate management of them. The certification is through the American Heart Association and is current for 2-years. For more information go to their website at www.aphed.com or contact Nicole Fritsch at nicolemfritsch@gmail.com or 414-791-5018.

<u>CPR4Coaches, LLC</u> - Offers the CPR and AED certification coaches need through the American Heart Association. The HeartSaver CPR AED class teaches the basic adult, child and infant CPR and AED skills to respond to a sudden cardiac arrest emergency until the emergency medical services arrive. The course will also cover adult, child and infant choking. The HeartSaver First Aid class will teach critical skills and knowledge needed to respond to and manage a variety of medical emergencies. Both courses would be taught at your school by retired Assistant Athletic Director, Coach and Physical Education Instructor and Certified American Heart Association Instructor Gayle Luehr. Classes can be combined or taught independently. Gayle is dedicated to working with Athletic Directors to provide flexibility in scheduling class times at reasonable fees. Contact Gayle Luehr at CPR4coaches@gmail.com or call 847-533-8177 for additional information.

<u>Heather H. Krueger - Give to Live CPR, LLC</u> - Proud Provider of American Red Cross First Aid, CPR and AED Training - 414-651-8282 - Health and Human Performance Adjunct Instructor - Concordia University Wisconsin - heather.krueger@cuw.edu

<u>Steve Sand - Sea N Sand Scuba LLC</u> - Certified instructor for American Heart Association, American Red Cross and American Health and Safety Institute. The rates for the classes depends on the number of participants and the travel. 262-242-3483 or 414-333-7999 or seansandscuba.com. Located in Thiensville, WI

<u>National CPR Foundation</u> - In this standard CPR/AED/First-Aid Certification Course you'll learn how to properly perform CPR on infants, children and adults as well as how to use an Automated External Defibrillator (AED). You'll also learn first-aid to care for wounds, cuts & scrapes as well as, drug overdoses, electrochock's, strokes, heart attacks and more. Go to: nationalcprfoundation.com

American Academy of CPR and First Aid - onlinecprcertification.net

<u>Dave Rusch</u> - Certified CPR/AED and First Aid Trainer. My training center is recognized by the Health and Safety Institute (HSI) and we teach the MEDIC First Aid Certified Training Curriculum. Basic Plus - combined First Aid and CPR/AED Training. Approximately 4 hour class. Care Plus - CPR/AED Training only. Approximately 2 1/2 hour class. 414.418.7760.

4th & Goal Athletic Training, LLC - Based near Hartford and is operated by Licensed Athletic Trainer, Elaine Gonya who has enjoyed over 20 years in Sports Medicine, Athletic Performance and Higher Education. Courses are designed to meet the needs of your athletic program and can be conducted at your school. 4th & Goal offers American Heart Association Heart Saver or Basic Life Support courses that can range from a single demographic (Adult CPR/AED/First Aid) to inclusion of Adult, Infant & Child. Basic Life Support (BLS) can be provided for those in the medical field or requiring more intense training. Beyond CPR/AED/FA, participants may also opt for an additional component of basic athletic taping skills that are ideal for teams that do not have access to or travel with an Athletic Trainer. For additional information, please email: elaine@4thandGoalAthletix.com or call (262) 955-9398.

<u>Jack Klebesadel</u> - Certified American Red Cross Instructor for AED, CPR and First Aid. Located in Germantown, Wisconsin jdklebe@gmail.com or 262-977-5354

Vicki Hazzard - ProTrainings LLC -- http://www.profirstaid.com -- 888-406 7487

<u>Krysten Winstead - EMS Safety Services</u> - CPR, AED, and First Aid certification offered by qualified instructors at a cost-effective price. Course will certify you in CPR, AED and First Aid including heat stroke; sprains, strains, and fractures; neck and back injuries; breathing difficulty; head injuries; wound care; and much more. Please visit our website for more information at www.emssafetyservices.com 949-325-9676

<u>Hands to Heart, LLC</u> - Offering CPR, AED, first aid, blood borne pathogens and emergency oxygen courses. Wesbite http://www.handstoheartllc.com for class descriptions or call 920-209-9911 to schedule your class.

<u>HeartCert</u> - Offers elite American Heart Association CPR/AED and first aid certification courses. Courses are offered on-site at your location at competitive rates. We also sell AEDs and accessories. info@heartcertcpr.com or 651-261-2314. Website www.hearcertcpr.com